

We envision a world where people living with mental illness thrive.

Mission



To champion mental health recovery and awareness by facilitating Clubhouse expansion.

Key Metrics

Effectiveness of the Clubhouse Model



Cost effectiveness:

1 year = **2 weeks**

of Clubhouse recovery services for members costs the same as

stay at a psychiatric hospital

Better employment rates:

42%

at accredited Clubhouses annually, double the average for people in the public mental health system

Value created from funding received:

\$14 in societal value for every **\$1** received

Clubhouse Communities

Sustainable recovery from mental illness and social isolation takes a community. Since 2005, HERO House NW has been providing Hope, Empowerment, Relationships, and Opportunities for adults with mental health diagnoses in Washington State.

We rely on community support to uplift individuals with mental illness at every stage of life, from early intervention programming for college-aged students to a dignified, thriving senior community.

As a women-led organization, HERO House NW thrives through member participation in every aspect of Clubhouse operations.

Support Clubhouse

We can't deliver these vital programs for people experiencing mental illness without individuals and community donors who champion Clubhouse. Help us make a difference today!



Our Clubhouses

Members work on self-made goals to improve their lives by participating in the daily work of Clubhouse. With locations in Bellevue, Seattle, and Everett, we foster relationships and celebrate the unique accomplishments of our members to help them reconnect with their communities.



Contact Us

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[MORE INFORMATION](#) >

